

our care plan

We operate our own dental care plan that was introduced to give patients peace of mind knowing that their six monthly oral examinations were taken care of and also in the case of any dental

emergency at weekends they had the facility to contact their own practice.

Payment is made by two sixth monthly direct debits and the minimum membership period is one year. Your direct debit must be active to benefit from these services.

We offer two options to our care plan:

Standard

Included in this plan are:

- **2 Examinations per year**

Regular check ups throughout the year will help prevent decay and tooth loss and maintain the health of your mouth

- **Weekend Emergency Service**

Emergencies are always a worrying time and as a member of the plan you will be able to directly contact one of our dentists at the practice who will be able to treat you, if necessary, at the practice

- **Free Denture Repairs**

If you should need dentures, instead of paying for any repairs throughout the year they will be provided free, avoiding any surprise bills.

- **Guaranteed treatment**

All dental work such as fillings or crowns are guaranteed and if there are any problems within one year they will be replaced free of charge.

- **10% discount of all oral health products**

Our dental practice already provides a full range of oral health products. You will be able to purchase your family's dental products at greatly reduced prices throughout the year.



Gold

The gold option includes all of the standard benefits plus:

- **2 Six Monthly Hygienist Visits**

Regular visits to the hygienist for scaling and polishing provide an excellent means of monitoring gum health and maintaining the removal of any hard deposits that may form on the teeth. Gum disease accounts for more tooth loss now than decay, and can proceed quite unnoticed and it is generally not painful.

- **Regular X-ray Examination**

It is recommended that, for the average person, small 'bitewing' radiographs should be taken at least every two years. This enables the dentist to inspect areas of your teeth that are normally impossible to see.

The Laburnum Dental Practice enables you to benefit from a high standard of treatment in a budgetable form. Ask your dentist or one of our receptionists for a membership form.

our dental team

Peter Thompson BDS
David Robinson BDS, MFGDP (UK). RCS, Dip. Con. Sed.
Tim Peach BDS, MFGDP (UK). RCS
Fiona Strain BDS

Angelina Dixon EDH
Helen Smith EDH

in the case of dental pain

Dental Plan members have a bleep number to contact us in the case of emergencies at weekends. All other patients must contact the NHS direct.



laburnum
DENTALPRACTICE

opening hours

Monday - Thursday
8.00am - 1.00pm 2.00pm - 6.00pm
Friday
8.00am - 1.00pm 2.00pm - 4.00pm



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DENTALPRACTICE

Our Practice

welcome to our practice

On behalf of the team at Laburnum Dental Practice we would like to extend a warm welcome. We aim to provide a happy environment which we and our patients enjoy, offering you the highest standard of dental care.

We appreciate that many people are anxious about going to the dentist. We try to help by creating a relaxed, friendly atmosphere to help you overcome any fears you may have.

We always find your comments and questions on any aspect of our practice welcome and we will be pleased to discuss your individual needs at any time.

Our Payment Options

Payment for dental treatment can be made by cash, cheque with guarantee card or credit/debit card. Payment must be made as and when treatment has taken place. The services of the hygienist and sedation treatment must be paid in advance. Any laboratory work should be paid for before work is fitted. If you have any queries regarding payment, please ask a member of our team.

Appointment Policy

Please make sure you arrive in ample time for your appointment. If for any reason you need to cancel your appointment at least 24 hours notice is required otherwise a charge will be made of £10 per 15 minute appointment booked. Missed appointments are charged for

at the same rate. Hygienist appointments are charged in full and in advance. Please respect our appointment policy as missed appointments affect our ability to provide emergency treatments for patients in need and the overall efficiency of the practice.



cosmetic options

We offer a variety of services to help create a lasting smile.

Crowns...

are a porcelain cover for either a damaged or unsightly tooth. They are carefully crafted to look natural and blend in with surrounding teeth.

Veneers...

provide a wafer thin mask to hide discolouration on teeth and close unsightly gaps with little or no work being needed on the tooth itself.

Bridges...

we can firmly fit a replacement tooth or teeth which are then carefully attached to adjacent teeth.

Natural Coloured Fillings...

unsightly metal fillings can now be replaced by natural coloured fillings to improve the look of your smile.

Tooth Whitening...

tainted or discoloured teeth can be whitened to give you a bright, white smile. We offer in-house power whitening or trays for home use.



Implants...

this technique can replace individual or multiple missing teeth permanently.

Dentures...

We offer a full range of denture options to help achieve the most natural results.

If you are concerned about any aspect of the appearance of your smile or would like to learn more about the techniques mentioned above, talk to any member of our dental team.

our hygiene services

The Important Role of the Dental Hygienist

Our dental hygienists have three main roles:

- Removing calculus (tartar) from teeth - this is done by a technique called scaling and polishing.
- Treating gum disease (also known as 'gingivitis' or 'periodontal disease') - this is caused by plaque which is a sticky film of bacteria. If left untreated your gums will start to swell and bleed and will ultimately result in tooth loss. Tooth loss is not through age - it is because of gum disease.
- Teaching patients good oral hygiene techniques - individually tailored to specific needs.

There is now increasing evidence linking gum disease with heart disease and strokes. It is also the main reason for loss of teeth and we take the treatment of gum disease very seriously.

The Importance of Regular Oral Health Checks

We are committed to preventative dentistry and central to this philosophy are regular examinations at the practice. This examination will ensure your long term oral health so that you can enjoy your smile for many, many years. When you attend the practice for these checks a full examination of your teeth and gums is undertaken and early detection of any problems can save the need for extensive dental treatment.

The examination can also see any abnormalities that could develop into mouth cancer where early treatment would be paramount.

Remember - Regular checks means a healthy mouth.

